

## **Tuna Melt**

- 2 tins light tuna, drained
- 2 cups sharp cheddar cheese, grated
- 1 cup celery, finely diced
- ½ cup red or sweet onion, finely diced
- 4 Tablespoons mayonnaise (or more, to taste)
- Freshly ground black pepper, to taste
- 12 slices whole wheat bread, or English muffins

1. Preheat oven to 375F.
2. In a large bowl, mix together the tuna, onion, celery, cheese and mayonnaise. Add freshly ground black pepper, to taste.
3. Spread equal amounts of tuna mixture on each slice of bread.
4. Bake in oven until cheese is melted, about 10 minutes.
5. Cut each slice of bread into quarters. Serve immediately.

